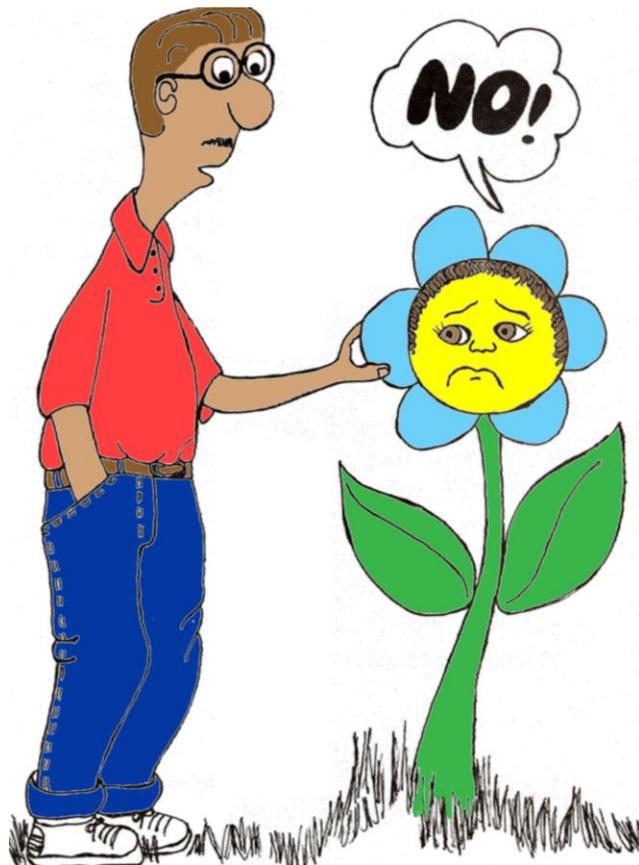


**Teaching Children the Difference
Between Love and Abuse**

**The
Friendly
Enemy**



**Loves
Me
Not!**

Lorraine M. Fast

“The Friendly Enemy”

Children's Workbook & Workshop

Teacher's Instructions:

Why use Puppets?

The Daisy Puppets are a very important part of the Workshop. Child Sexual Abuse is rampant in our country and in the world. Realistically, it is not unusual for 1 out of 4 of the children in your classroom to be a victim.

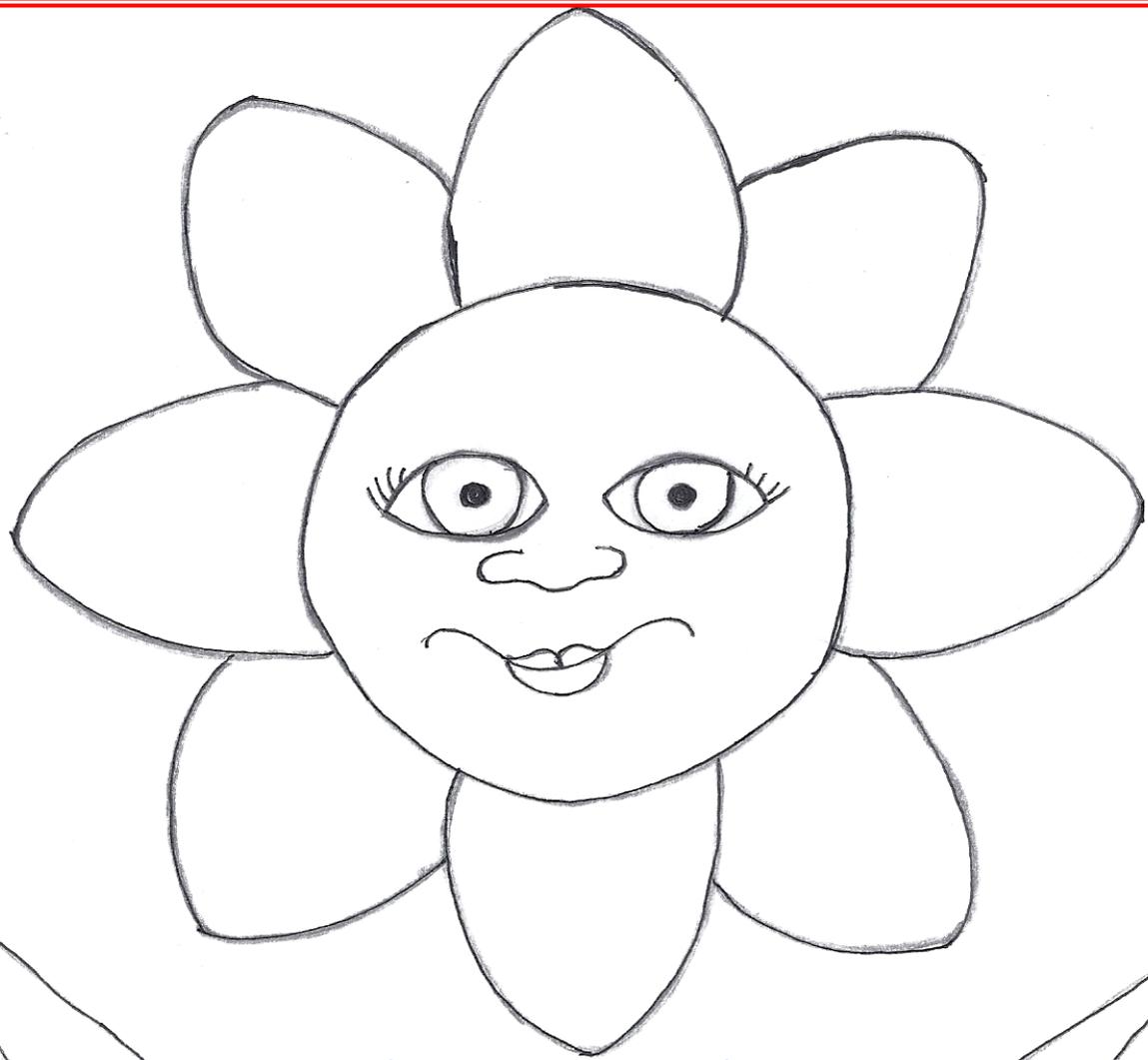
The puppets are there to help disassociate the student's personal feelings about what they are hearing and seeing and use the puppets to intercede for them. The students should be encouraged to name their puppet and have them be the one to hear the information and ask questions for them. This can also be an avenue for children to disclose personal abuse.

Making the Daisy Puppets:

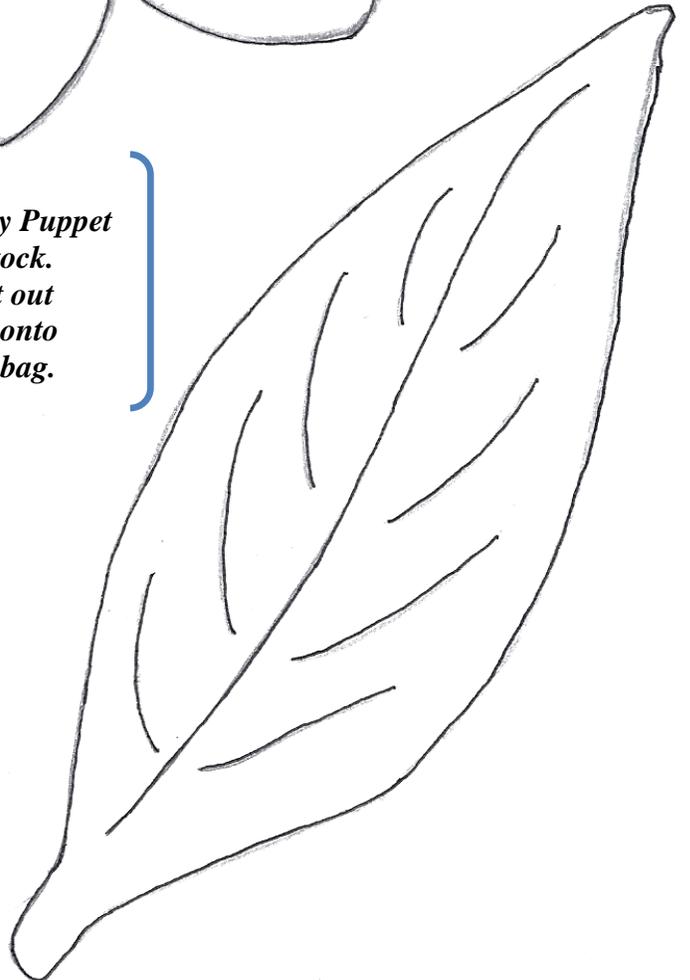
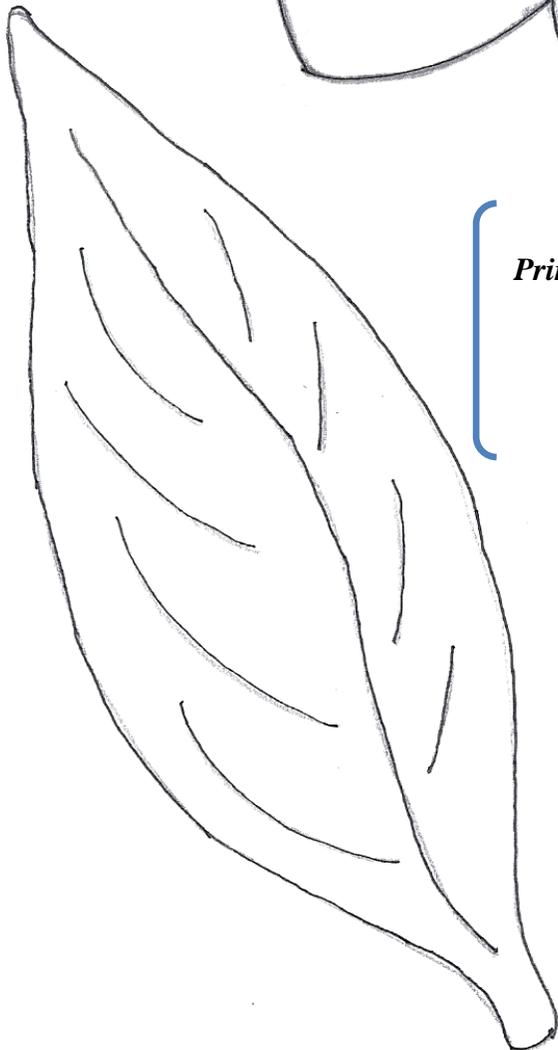
- Each child gets to make a Daisy Flower Puppet (The pattern is included). You should make at least 5 or 6 extra puppets in case there are children who did not have an opportunity to make one or if a puppet is damaged in some way.

Supplies for Puppets:

- Brown (or white) paper sandwich bags. They usually come in packages of 100 and are inexpensive. You can find them in the grocery store.
- 8 ½ X 11 Cardstock to print out Daisy Puppets (see puppet pattern included)
- Crayons and Colored Pencils to color the puppets.
- Safety Scissors
- Glue



*Print the Daisy Puppet
on Cardstock.
Color, cut out
and paste onto
the paper bag.*

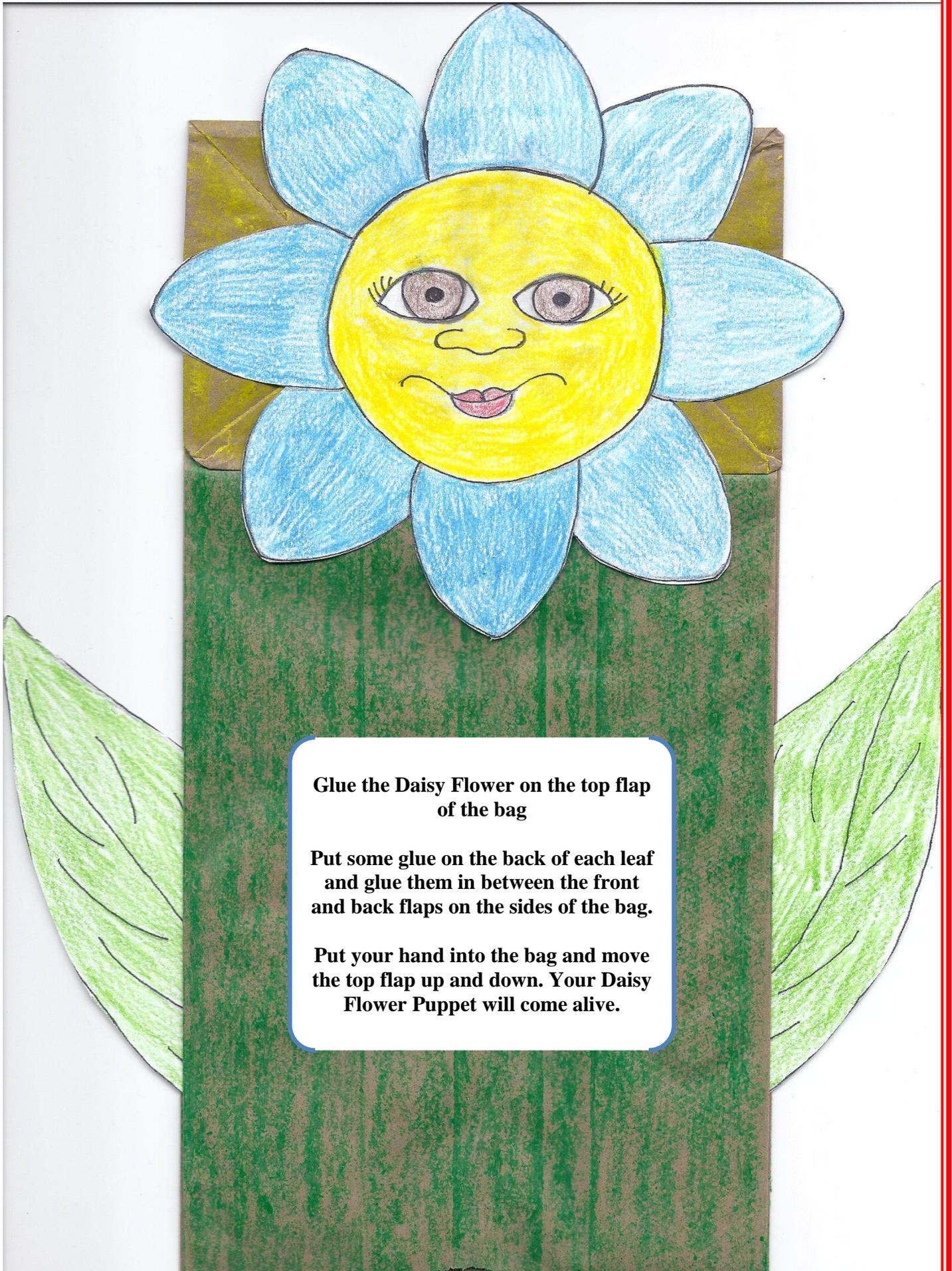




**Use sandwich bags
Color the top yellow like the
center of the Daisy**

**Color the bottom green like the
stem of the Daisy**

Color both sides of the Bag



**Glue the Daisy Flower on the top flap
of the bag**

**Put some glue on the back of each leaf
and glue them in between the front
and back flaps on the sides of the bag.**

**Put your hand into the bag and move
the top flap up and down. Your Daisy
Flower Puppet will come alive.**

The Friendly Enemy

Children's Workbook

**For the awareness and prevention of child sexual abuse
Suitable for children ages three to adolescence**

Also look for our Adult and Adolescent Workbooks

Lorraine M. Fast

Original Illustrations by Janet Curtis

**This workbook is dedicated to Janet Curtis.
She was excited about helping children and put
her heart into these illustrations.
She was a gentle and caring woman
and I am privileged to have known her.**



www.thefriendlyenemy.org

Proceeds from this Workbook are used to serve children and adolescents

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The Friendly Enemy Children's Workbook

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Strangers can certainly be a real Danger to children, as we all well know.

They are lurking in places like:

1. Public Rest Rooms
2. Malls
3. Department Stores
4. Parks



And other places where children commonly play or populate for other reasons; with or without their parents.

Strangers can also be lurking in neighborhoods, just waiting for an opportunity to snatch a child away.

Certainly the wonderful books that warn children and their parents about the Danger of Strangers are vitally important.

But, here we make you aware of a less obvious and potentially more dangerous Enemy who is even more difficult to recognize. This enemy is on an extremely emotional level to all of us.

This person is not a Stranger...but someone you know and love.

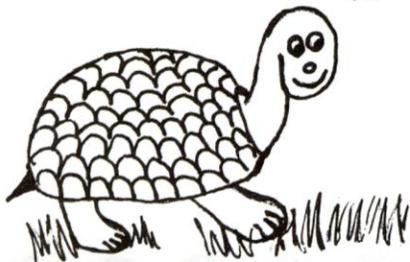
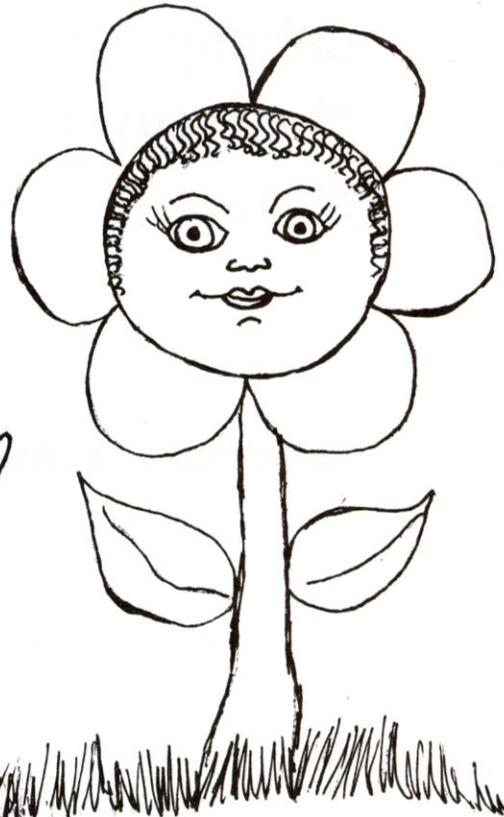
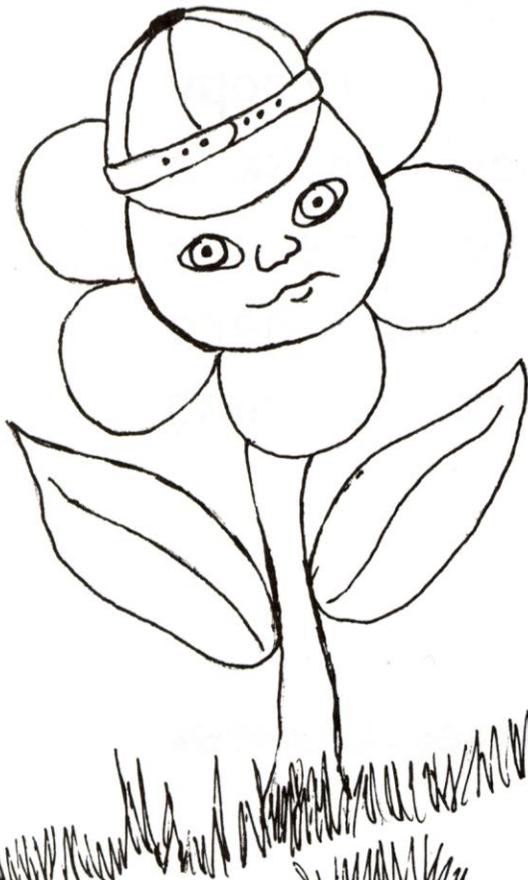
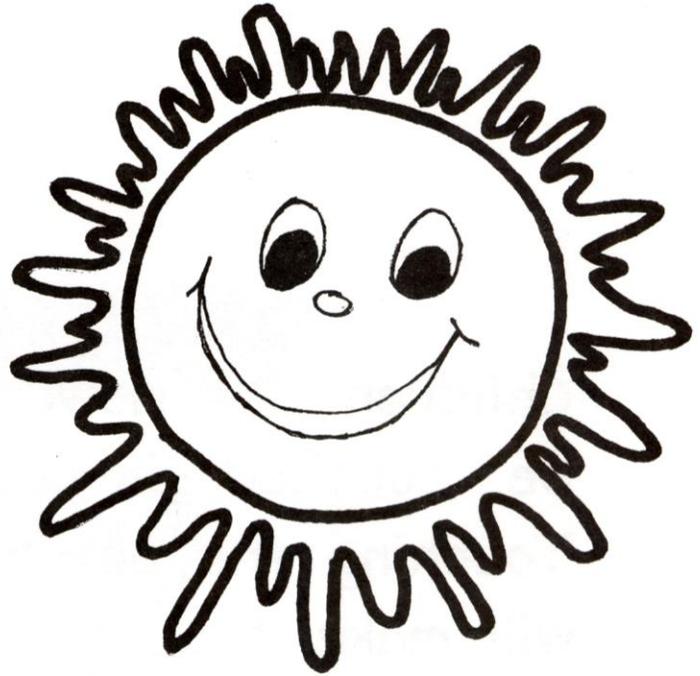
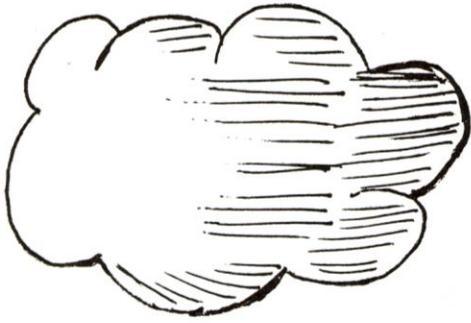
Here in this book you will learn who this enemy is, how to recognize them and how to protect yourself from their clutches.

We present to you...**THE FRIENDLY ENEMY**

The Friendly Enemy

Our world is very big. There are many, many people in it. But, of all the people in this great big world, the most special ones are the children. They are like beautiful flowers growing in the sunshine.



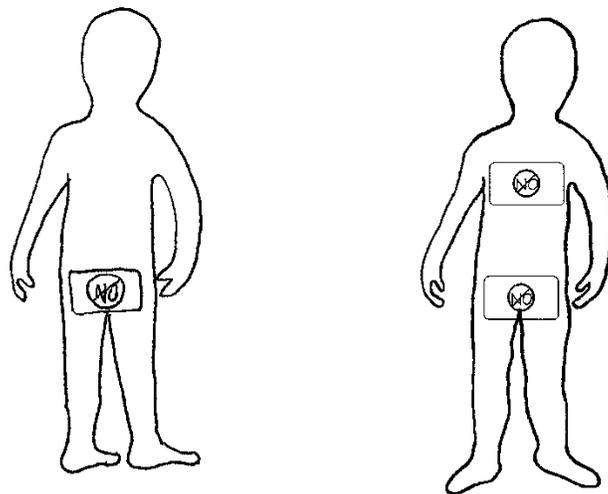


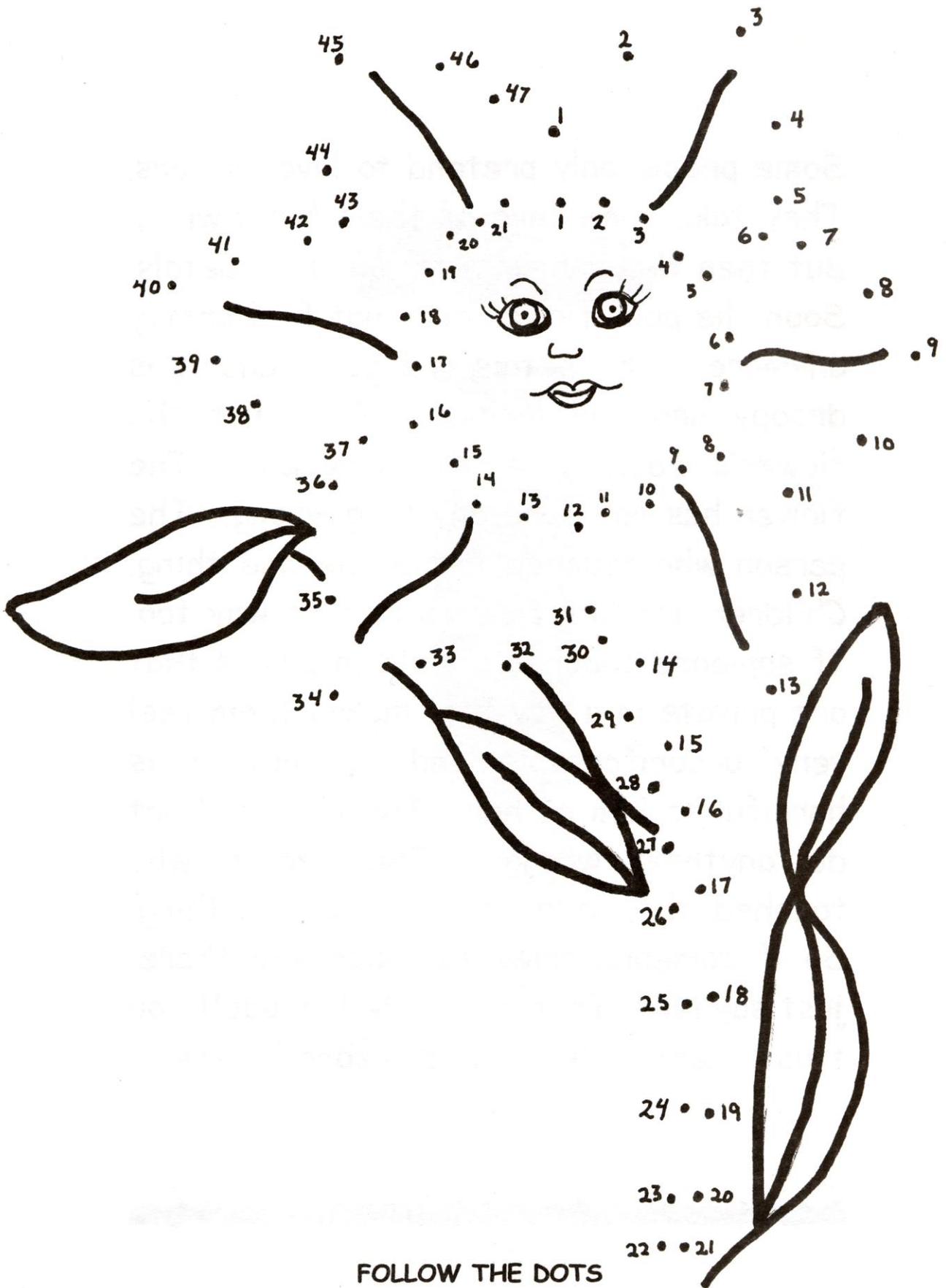
If you touch the petals of a flower it will become droopy and look very sad.

Like flowers, children should never be touched in certain places and in certain ways.

Even if this kind of touching feels good it is still wrong for an adult or older kid to touch a child in these places.

No one should make a child uncomfortable and afraid by touching them here.....





FOLLOW THE DOTS

Sometimes children feel like they have done a bad thing if someone talks them into touching each other in these places.

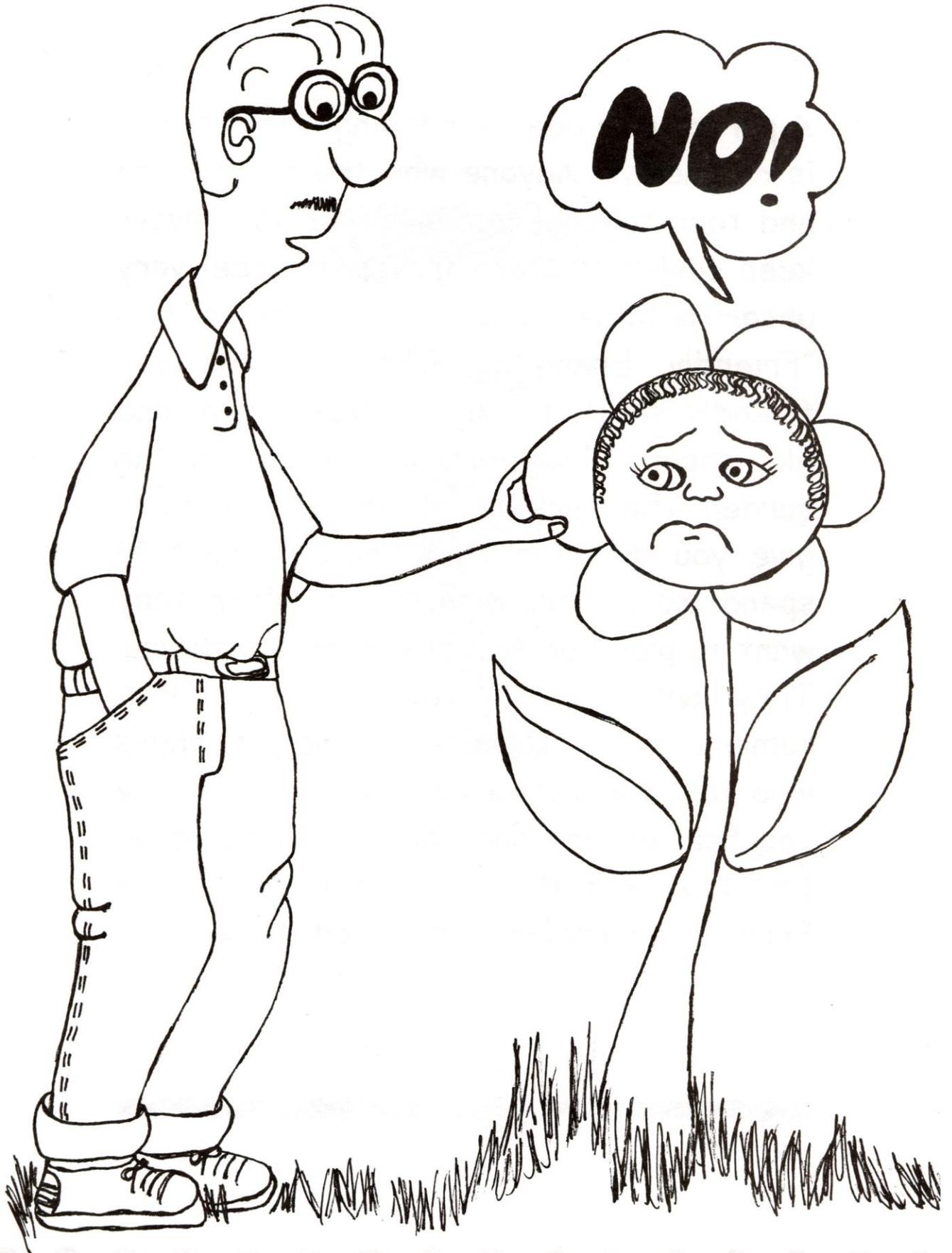
But, it is the person who touches a child that way who has done a very bad thing.

It is not the child's fault!

If someone tries to touch you in this way you have permission to say NO! Then go and tell an adult you know and trust what has happened. Keep telling until someone listens and says that they will help you.



DON'T TOUCH ME!



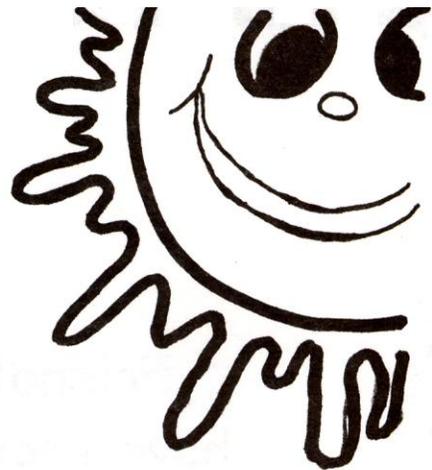
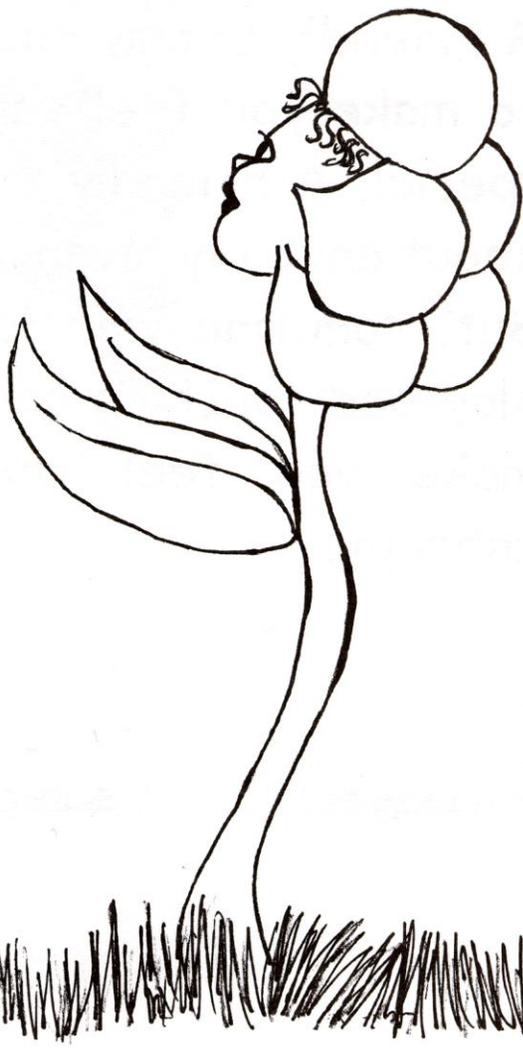
A person who does something wrong to you is an enemy. Anyone who treats you nice and then touches you in places they should not touch, and makes you feel very uncomfortable, unhappy and afraid, can be called "The Friendly Enemy".

This enemy acts friendly so that you will like them and trust them. They are like weeds in the flower garden.

They may do nice things for you at first so that you will want to spend more time with them.

They may give you nice gifts or even give you money.

Then, they will want to play bad touching games with you. They will tell you this is okay. But, remember the flower, how droopy and sad it feels when someone touches its petals.



The Friendly Enemy can be someone you have known for a very long time. It might be someone you have visited often.

It may be someone who lives near you or even someone who lives with you. We can call this person "Mr. Friendly".

Mr. Friendly will take the time to make you feel very important and special.....like playing fun games with you.

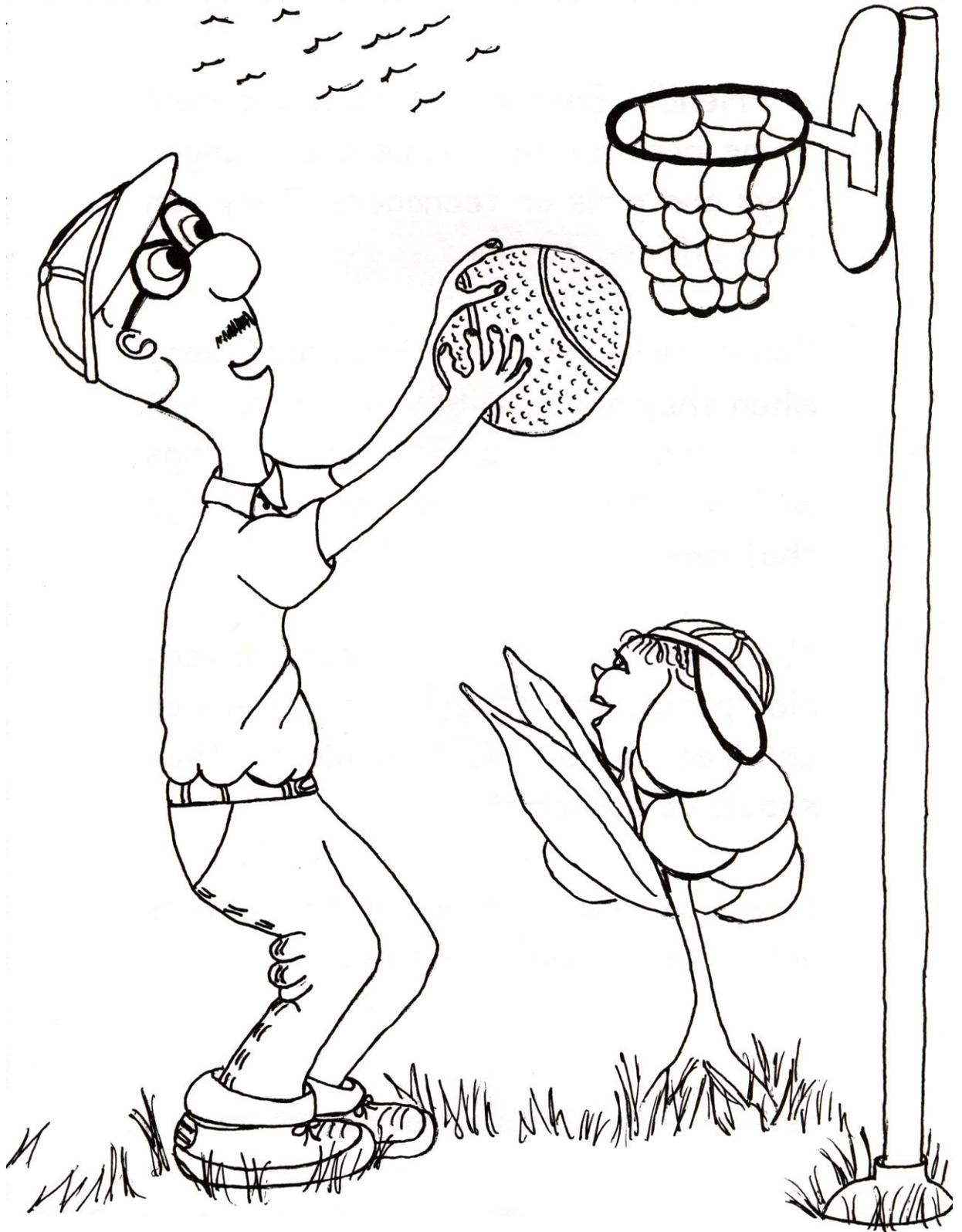
It may even be someone you love and who says they love you.

But, someone who loves you will not play bad touching games with you and make you feel unhappy, uncomfortable and afraid.

When someone loves you their hugs and kisses feel good and safe.

The Friendly Enemy only acts friendly.
It's like someone wearing a mask to hide
who they really are.





The Friendly Enemy can be a man or a woman, a teenager or even another child.

They can have different colors of skin. They can be fat or thin...short or tall...and speak different languages.

But, you will always find out that they are The Friendly Enemy because they act nice at first; then they tell you that they love you and begin to trick you into doing things with them that make you feel bad and afraid. This kind of behavior is not love...it is called abuse.

Abuse is when someone does something bad to hurt someone else.

Remember, love is when someone takes good care of you and never tries to make you do anything that makes you feel confused and afraid by touching you in private places.

Now you are learning to know the difference between love and abuse...and you are learning to protect yourself from The Friendly Enemy.

Good Job!

Young
Old



Girls



Boys

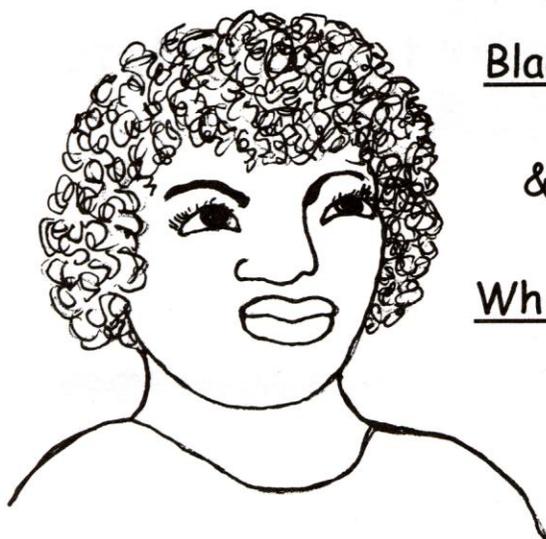
Red

Yellow

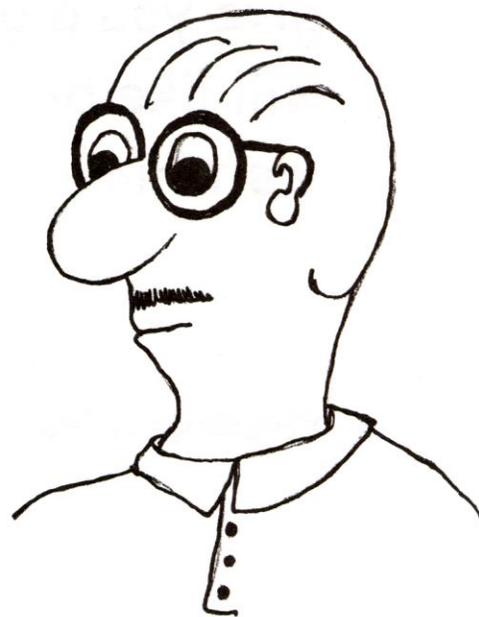
Black

&

White



Women



Men

One day Mr. Friendly might invite you to his house and make you feel at home. He may give you something good to eat and drink.

He will make you feel welcome and hope you will want to come back to visit often.

Before you go home he may give you a nice gift.

He does this so that you will like him and trust him.

But, he is someone bad wearing a friendly mask.





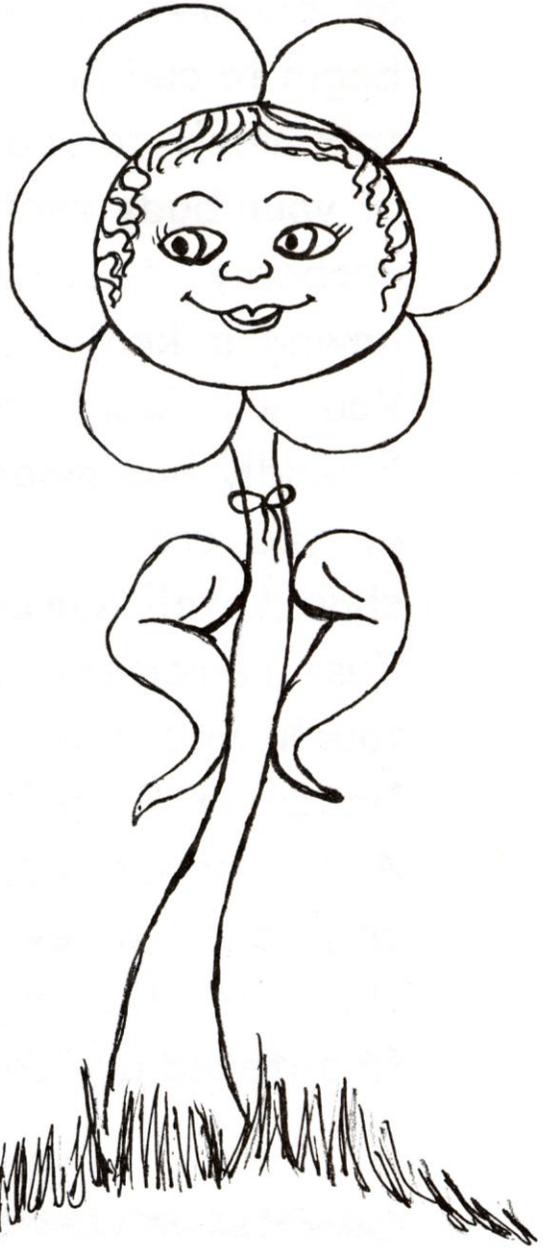
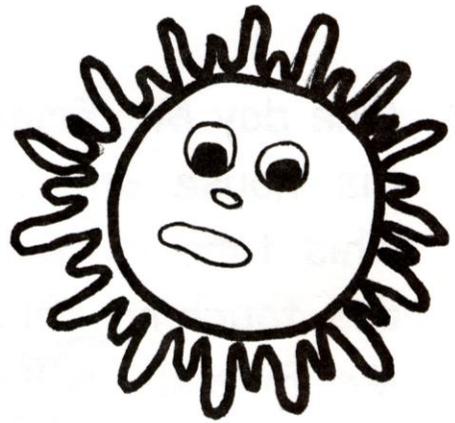
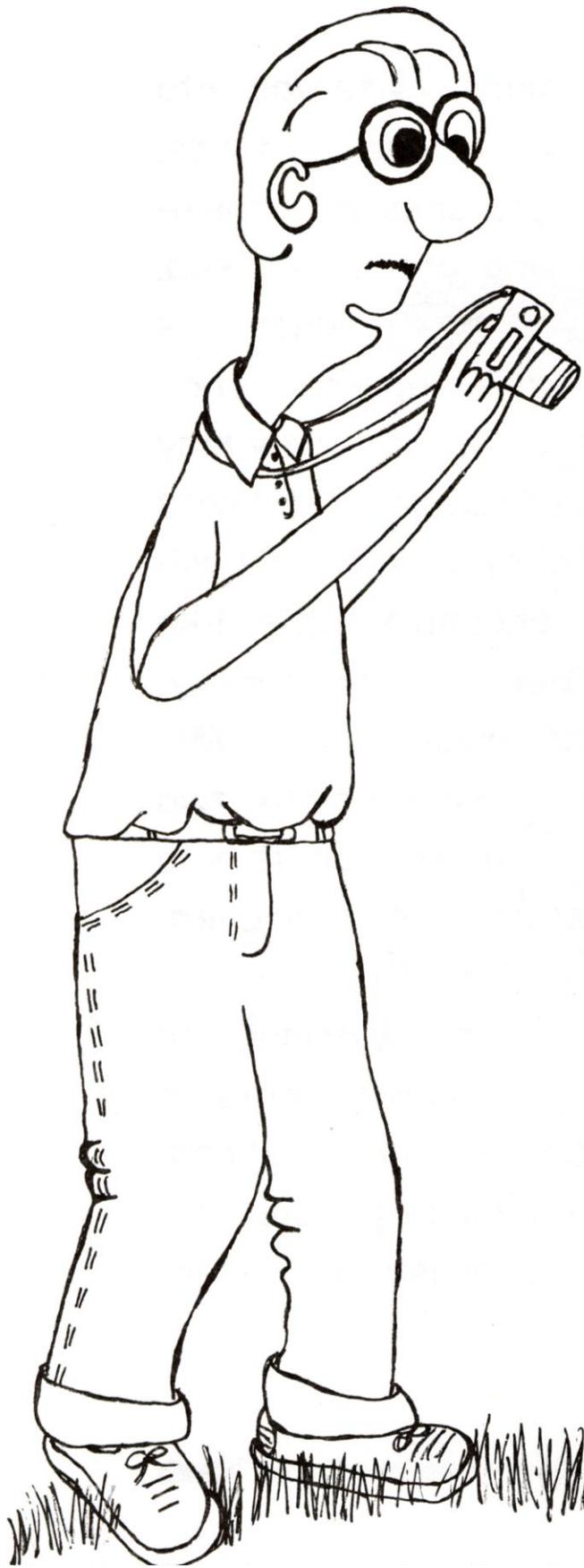
One thing The Friendly Enemy likes to do is take a lot of pictures of children.

He will probably show you pictures of some children with their clothes off and tell you that it's okay to do that.

He may tell you how pretty or handsome you are and then try to talk you into taking your picture with all of your clothes off.

But, usually no one has their picture taken with all their clothes off...that's not very nice...and you do not have to do that! You can say, "No Way!"

Having your picture taken can be lots of fun as long as it is done the right way...with clothes on your body and a smile on your face.



One day Mr. Friendly might invite you into his house and show you pictures of grown-ups who are touching children that are undressed.

He will tell you that this is what lots of children do with adults. He may begin to cuddle with you and tickle you. He will talk sweetly to you and try to touch you in private places.

This might feel good at first but then you will begin to feel very uncomfortable like having a knot in your tummy.

You will want to get away, but Mr. Friendly has made you think that he loves you and that the two of you are best friends.

You will wonder if you should tell anyone what has happened...and you should!

Remember, no one has the right to touch you like that or make you do things that don't seem right. Not even Moms or Dads, Grandparents, aunts, uncles, cousins, teachers, church people, friends, sisters or brothers.

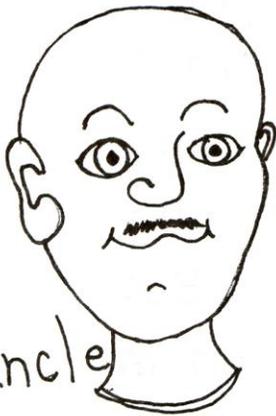
No one should make you feel afraid and sad.



Teacher



Pastor
or
Priest



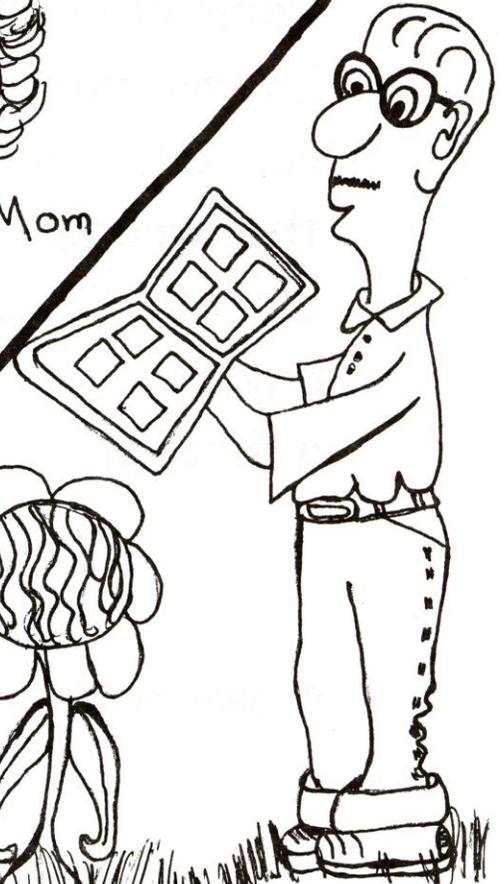
Uncle



Mom



Dad

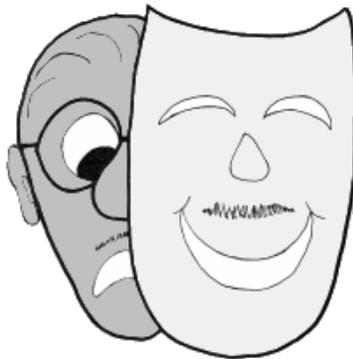


Mr. Friendly will ask you to touch his private body parts. But, remember that if someone really loves you they will not ask you to touch them that way.

If that ever happens you will know that they are The Friendly Enemy.

Now you know that they have been nice to you just so that they could try to do these kinds of things with you. That is not love it is abuse.

The Friendly Enemy really is like a bad person hiding behind a mask with a friendly face.



WORD SEARCH

MONSTER

UGLY

HANDSOME



TOUCH

FLOWER

GOOD

ENEMY

HAPPY

BATHING

SUIT

LOVE

ASK

BODY

NICE

PLACES

MASK

COVERS

NO

C K L K F H P L A C E S
O P R S I M O N S T E R
U F G A T B O F T T B S
B G O M G O O D S M B R
A C L D O D F E L A A C
T R B Y N Y S T I C E
H P M T O U C H E O B
L A H B C E F E F C M A
N O A S T U L U K O W Y
G X P Y L Z O A S V B C
S D P E O F W G A E H L
U B Y C V R E S M R T U
L U W A E B R B C S C D
T A T C H A N D S O M E

GOOD JOB!

Mr. Friendly will probably say that if you tell anyone what happened they will be mad at you and won't believe you. He may even say that they will blame you for what happened...but, it is not your fault! He is the bad guy.

You have the right to TELL the truth about The Friendly Enemy.

He may try to frighten you by saying he will harm you, your parents or a pet that you love.

But, usually The Friendly Enemy is just saying that to try to keep you from telling.

Just remember that you have the right to TELL no matter what he says.

You must keep telling until someone listens.

When the people who really love you find out about Mr. Friendly they will be able to protect you and other children.

The Friendly Enemy...is not a friend at all.

If you know someone like Mr. Friendly, it is okay to get away from them any way that you can. You can kick, bite, hit and scream.

You do not have to be nice to a person like that.

No one should ever abuse a child, so it is all right to do what you have to do to get away from them.

Remember...they are

**The
Friendly
Enemy**



There are times when it is okay for certain people to touch your private parts.

Like, Mom or Dad helping you take a bath when you are a little child. They can teach you how to clean yourself so that you will be able to take a bath by yourself once you start school.

The doctor will have to check all the parts of your body during what's called an examination. He will have to make sure that you are healthy or check to see what is wrong with you if you are sick. Mom or Dad and a nurse can be in the room while the doctor examines you so that you will feel safe.

Rub-a-dub-dub...I get clean in my tub...

Mom helps me wash my hair.

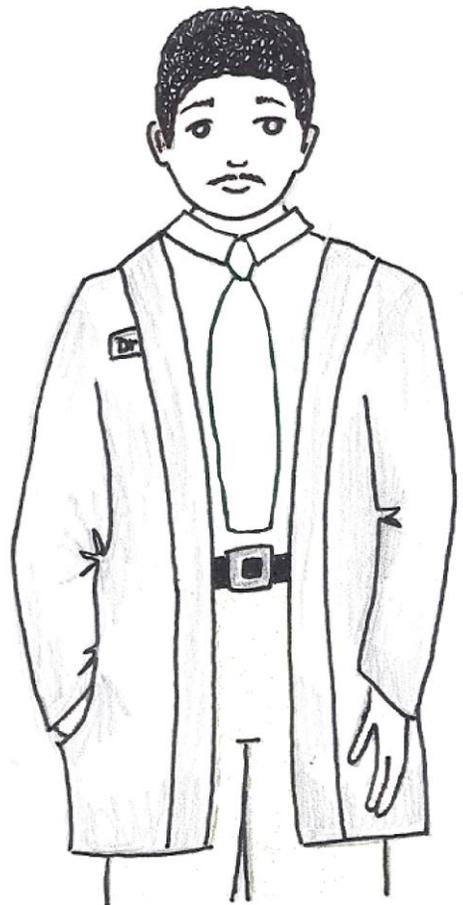
I scrub and scrub Rub-a-dub-dub

And rinse all the dirt down the drain.

My doctor cares about my
health...he looks into my
nose and ears...

pokes at my tummy,
looks down my throat...

then does all he can to
calm all my fears.



If The Friendly Enemy has already done these things to you it has surely made you feel droopy, sad and afraid...like the flower whose petals have been touched in the wrong way.

Just remember that it was not your fault.

You were abused by a person who is like Mr. Friendly.



Now you must go quickly and tell someone who really loves you what The Friendly Enemy has done to you.

You will know who really loves you because they will take good care of you and make you feel safe.

They will believe what you tell them and protect you from further abuse from The Friendly Enemy.

Their hugs and kisses feel good.

OOOOOOOOOOOXXXXXXXXXXXXXXXXX

I believe you

I love you



If a flower has the right kind of care from someone who is kind and loving, it will soon look and feel better.

A child who is cared for by those who really love them will feel better too...

like a beautiful flower in a colorful garden.

We feel better



